



SERVIÇO PÚBLICO FEDERAL
UNIVERSIDADE FEDERAL DE SANTA CATARINA
CENTRO DE DESPORTOS
PROGRAMA DE PÓS-GRADUAÇÃO EM EDUCAÇÃO FÍSICA
CAMPUS REITOR JOÃO DAVID FERREIRA LIMA - TRINDADE - CEP 88040-970 - FLORIANÓPOLIS / SC
TELEFONE +55 (48) 3721-4774
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TEACHING PLAN

1. IDENTIFICATION

Course: Advanced Studies in Pedagogical Theory and Practice in Physical Education (The development of coaches: Past + Present \approx Future)

Code: DEF 510004

Number of Credits: 03 Theoretical Credits

Workload: 45 hours/class

Level: PhD in Physical Education

Professor(s): Prof. Dr. Juarez Vieira do Nascimento

Prof. Dr. Michel Milistetd

Prof. Dr. Pierre Trudel – University of Ottawa

2. SYLLABUS

Advances of conceptual aspects related to human body and movement. Current trends of sport and leisure manifestations in different contexts. Contemporary pedagogical proposals of teaching Physical Education and Sports.

3. OBJECTIVES

- To discuss research trends in ‘The development of sport coaches’;
- To introduce students to the theories of ‘Systems thinking’;
- To synthesize the Brazilian coach education/development system;
- To reflect on: How graduate students can use ‘Systems thinking’ in their future study/work;

4. CONTENT

Monday March 6th (08h30 – 12h30 / 14h00 – 17h00)

Introduction - Key concepts and theories of Coach Development

Tuesday March 7th (08h30 – 12h30 / 14h00 – 17h00)

The development of coaches through ‘Deliberate interventions’- A simplistic view

Wednesday March 8th (08h30 – 12h30 / 14h00 – 17h00)

The development of coaches using ‘System thinking’- A complex view

Thursday March 9th (08h30 – 12h30 / 14h00 – 17h00)

Better Me, Better You = Better Us (Organization)- Deliberately Developmental Organization



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Friday March 10th (08h30 – 12h30 / 14h00 – 17h00)
Individual Development - Your life: Present \approx Future

5. TEACHING STRATEGIES

The course will be conducted through lecturing, practical sessions, discussions and round table with students and professors.

6. ASSESSMENT

Reading and Classes activities..... (7,0)
Scientific article or research project..... (3,0)

7. REFERNCES AND READING PREPARATION

Monday March 6th.

Introduction - Key concepts and theories

Compulsory:

- Trudel, P., Culver, D., & Richard, J-P. (2016). Peter Jarvis: Lifelong coach learning. In L. Nelson, R. Groom, & P. Potrac, P. (Eds.), *Learning in sports coaching: Theory and application* (pp. 202-2014). Routledge.
- Video (12min.) Systems-thinking: A Little Film About a Big Idea
 - o <https://www.youtube.com/watch?v=-sfiReUu3o0>

Tuesday March 7th

The development of coaches through ‘Deliberate interventions’- A simplistic view

Compulsory:

- Trudel, P. & Gilbert, W. (submitted). Foundations and evolution of coach development. In S. B. Rynne & C. J. Mallett (Eds.), *The Routledge Handbook of Coach Development* (Chapter 1). Routledge

Select one among:

- Gano-Overway, L., Van Mullem, P., Long, M., Thompson, M., Benham, B., Bolger, C., Driska, A., Moreno, A., & Schuster, D. (2020). Revising the national standards for sport coaches within the USA. *International Sport Coaching Journal*, 7(1), 89-94. <https://doi.org/10.1123/iscj.2019-0058>
- Callary, B., Gearity, B., & Kuklick, C. (2021). Coach developers’ confessional tale of an online professional development course for Masters fitness coaches. *Sports Coaching Review*, 10(3), 348-369. <https://doi.org/10.1080/21640629.2021.1897246>



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Wednesday March 8th

The development of coaches using ‘System thinking’- A complex view

Compulsory:

- Trudel, P., Paquette, K., & Lewis, D. (2022). The process of “becoming” a certified high-performance coach: A tailored learning journey for one high-performance athlete. *International Sport Coaching Journal*, 9(1), 133-142. <https://doi.org/10.1123/iscj.2020-0091>.
- Video (9min) Systems Thinking: The Pinnacle of Personal Development
 - o <https://www.youtube.com/watch?v=HNI7TKLemKs>

Select one among:

- Trudel, P., & Trottier, C. (2019). Learning environments for helping coaches and other key stakeholders include life skills in their practice In F. Santos, L. Strachan, P. Pereira, D. MacDonald, & K. Erickson (Eds.), *Coaching positive youth development: Implications and practices from around the world* (pp. 101-117). Porto: School of Higher Education, Polytechnic Institute of Porto
- Trudel, P., Gilbert, W., & Rodrigue, F., (2016). The journey from competent to innovator: Using Appreciative Inquiry to enhance high performance coaching. *AI Practitioner*, 18(2), 40-46. [org/10.12781/978-1-907549-27-4-5](https://doi.org/10.12781/978-1-907549-27-4-5)

Thursday March 9th

Better Me, Better You = Better Us (Organization)- Deliberately Developmental Organization

Compulsory:

- Milistetd. M., Trudel, P., Cortela, C.C., Tozetto, A.b., Culver, C., Lima, C.O.V. & Souza, V.G. (In preparation). The perspectives of a sport club’s key actors who collaborated in a coach development project.

Friday March 10th

Your life: Present \approx Future

Compulsory:

- Rodrigue, F., Trudel, P. & Boyd, J. (2019). Learning from practice: The value of a personal learning coach for high-performance coaches. *International Sport Coaching Journal*, 6(3), 285-295. <https://doi.org/10.1123/iscj.2018-0078>

Select one among:

- Brasil, V. Z., Ramos, V., Milistetd, M., Culver, D. M., & Nascimento, J. V. (2018). The learning pathways of Brazilian surf coach developers. *International Journal of Sports Science & Coaching*, 13(3), 349-361. [10.1177/1747954117739717](https://doi.org/10.1177/1747954117739717)
- Milistetd, M., Peniza, L., Trudel, P., & Paquette, K. (2018). Nurturing high-performance sport coaches’ learning and development using a narrative-collaborative coaching approach. *LASE Journal of Sport Science*, 9(1), 6-38. [10.2478/ljss-2018-0001](https://doi.org/10.2478/ljss-2018-0001)