



SERVIÇO PÚBLICO FEDERAL
UNIVERSIDADE FEDERAL DE SANTA CATARINA
CENTRO DE DESPORTOS
PROGRAMA DE PÓS-GRADUAÇÃO EM EDUCAÇÃO FÍSICA
CAMPUS REITOR JOÃO DAVID FERREIRA LIMA - TRINDADE - CEP 88040-970 - FLORIANÓPOLIS / SC
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TEACHING PLAN - 2023/3

I. IDENTIFICATION

Course: Special Topic: Professional Development of Sports Coaches

Code: DEF410037

Number of Credits: 02 Theoretical Credits

Workload: 30 hours/class

Level: Master's and PhD in Physical Education

Professors:

- Michel Milistetd, PhD
- Prof. Steven Rynne, PhD (University of Queensland)

II. SYLLABUS

Coach Learning. Professional development: from beginner to expert. Coaching practice. Transformational leadership. Coach-athlete relationship.

III. OBJECTIVES

- Reflect on the learning models and organizations of sports coaches;
- Analyze the professional development strategies of sports coaches;
- Discuss the contexts of coaches' professional intervention, transformational leadership and coach-athlete relationship.

III. CONTENT

- Learners and Learning in Coaching (focus on athletes as learners and coaches as educators)
- Assessment of coaches (focus on what coaches do and how they might be evaluated)
- Reflection in coaching (focus on reflective practices)
- Sport for development (focus on how sport is used for non-sport outcomes, including reconciliation)

IV. TEACHING STRATEGIES

The course will be conducted through lecturing, discussions and round table with students and professors.



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V. ASSESSMENT

Classes activities..... (5,0)

Articles' Synthesis..... (5,0)

VI. SCHEDULE OF CLASSES

November 13th, 2023 (Monday): 08.30 – 13.30

November 14th, 2023 (Tuesday): 08.30 – 13.30

November 16th, 2023 (Thursday): 08.30 – 13.30

November 17th, 2023 (Friday): 08.30 – 12.30 / 13.30 – 17.30

V. REFERENCES

BERTRAM, Rachael; CULVER, Diane M.; GILBERT, Wade. Creating value in a sport coach community of practice: A collaborative inquiry. **International Sport Coaching Journal**, v. 3, n. 1, p. 2-16, 2016.

BLACKETT, Alexander David; EVANS, Adam; PIGGOTT, David. Why 'the best way of learning to coach the game is playing the game': Conceptualising 'fast-tracked' high-performance coaching pathways. **Sport, Education and Society**, v. 22, n. 6, p. 744-758, 2017.

CULVER, Diane.; HOLDER, Darren.; RYNNE, Steven. B. Travel-based learning: study tours for high-performance coaches. In: CALLARY, Bettina.; GEARITY, Brian. (Eds.). **Coaching education and development in sport: instructional strategies**. New York: Routledge, 2020, p. 129-140.

LEFEBVRE, Jordan S. et al. Describing and classifying coach development programmes: A synthesis of empirical research and applied practice. **International Journal of Sports Science and Coaching**, v. 11, n. 6, p. 887-899, 2016.

MILISTETD, Michel et al. Nurturing high-performance sport coaches' learning and development using a narrative-collaborative coaching approach. **LASE Journal of Sport Science**, v. 9, n. 1, p. 6-38, 2018.

NORRIS, Luke.; CLARKE, Nicola.; NORMAN, Leanne. An evaluation of a mentoring programme to support high-performance women coaches. In: **Improving gender equity in sports coaching**. Routledge, 2021. p. 198-216.

PARTINGTON, Mark et al. The impact of video feedback on professional youth football coaches' reflection and practice behaviour: A longitudinal investigation of behaviour change. **Reflective Practice**, v. 16, n. 5, p. 700-716, 2015.



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PERKINS, Paul et al. Considerations and suggestions for design of a learning and development program for sport coaches. **Open Journal of Social Sciences**, v. 8, n. 12, p. 457, 2020.

RODRIGUE, François; TRUDEL, Pierre; BOYD, Jennifer. Learning from practice: The value of a personal learning coach for high-performance coaches. **International Sport Coaching Journal**, v. 6, n. 3, p. 285-295, 2019.

RYNNE, Steven. 'Fast track' and 'traditional path' coaches: Affordances, agency and social capital. **Sport, Education and Society**, v. 19, n. 3, p. 299-313, 2014.

SAWIUK, Rebecca; LEWIS, Colin J.; TAYLOR, William George. "Long ball" and "balls deep": a critical reading of female coach-learners' experiences of the UEFA A licence. **Sports Coaching Review**, v. 10, n. 1, p. 110-127, 2021.